

GYMNASTS

WHAT DO I NEED TO KNOW?

Safeguarding Policy

ACADEMIC EDUCATION

Your education is important and can provide you with lots of opportunities throughout your life. We all have a responsibility to support good academic education practices in gymnastics. Here's what you need to know as a gymnast:



1 Welsh Gymnastics does not believe that for you to work towards your goals in gymnastics that you need to miss any school or education time for gymnastics club training.



2 If you're under 12 your club must not put sessions on for you during school or education time.



3 If you're over 12 your club must only put on sessions for you if it is best for your overall development both outside and inside gymnastics.



4 Your education must not suffer as you work towards your goals in gymnastics.



5 Your school or education provider has the final decision as to whether you should miss any school or education for gymnastics club training.



6 You must sign an agreement form to say you are happy with this decision.



7 A plan must be created to support your development, and any training during school or education time must be adapted to meet your needs.



8 This decision must be focused on what is best for you. Any discussions around your gymnastics and education must involve you.



This policy refers to gymnasts missing regular school or formal education time. It does not refer to one-off type events such as competitions

